



香港基督青年會京士柏百周年紀念中心

YMCA King's Park Centenary Centre

CLIMBING WALL APPLICATION FORM

Please submit two passport photos

(Please Use Block Letters)

Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_

Sex: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Nationality: \_\_\_\_\_  
( dd / mm / yy )

Telephone: (Office) \_\_\_\_\_ (Home) \_\_\_\_\_ (Pager/Mobile Phone) \_\_\_\_\_

Emergency Contact: (Name) \_\_\_\_\_ (Telephone) \_\_\_\_\_

Mailing Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

YMCA Membership No: \_\_\_\_\_ HK ID Card/Passport No: \_\_\_\_\_

\* \* \* \* \*

CONDITIONS OF REGISTRATION

The YMCA of Hong Kong requires that ALL climbers undertake a "Climbing Assessment" or "Introductory Course" before access to the climbing wall will be granted. The following guidelines are for your reference in the selection of the appropriate assessment. (Please put a "✓" in the appropriate )

Can you demonstrate the following techniques correctly?

- a. Put on a climbing harness?
- b. Tie a Figure Eight Knot into a sit harness with a stopper knot?
- c. Use a belaying device? (Grigri or belay plate)
- d. Demonstrate and execute a proper fall exercise within 2 metres?
- e. Climb an elementary level route?
- f. Competent in lead climbing?
- g. Able to clear all quick draws after lead climbing?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

"Yes" to questions "a" to "e"  Arrange a "TOP ROPE" Assessment \_\_\_\_\_

"Yes" to questions "a" to "g"  Arrange a "LEAD CLIMB" Assessment \_\_\_\_\_

"No" to questions "a" to "e"  Arrange a "TOP ROPE" Introductory Course on \_\_\_\_\_

"No" to questions "a" to "g"  Arrange a "LEAD CLIMB" Introductory Course on \_\_\_\_\_

\*SC - Salisbury Centre

\*KP - King's Park Centenary Centre

Applicant's Status

Gecko Climbing Club Member

\*SC  SC & \*KP

Assessment Card Holder

Yearly  Six Months  Three Months

Per Visit Base User

I, the undersigned, acknowledge and agree that observing or participating in the activities sponsored and or offered by the YMCA of Hong Kong has inherent risks, including but not being limited to lead climbing, belaying, abseiling, top roping and bouldering.

Statement to be signed by Adult Applicants or Parents of Children or Youth Applicants Under the Age of 18.

I request that the above application for YMCA activities be accepted, and in doing so, I agree to abide by the rules and regulations and I will not hold the YMCA or its officers responsible for any injury or damage to myself/my family members or property as a result of participating in the activities.

Date: \_\_\_\_\_ Applicant's Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Legal Guardian: \_\_\_\_\_

**FOR OFFICE USE ONLY**  
**Assessment Procedure**

- Complete application form in full and signed
- Read through the rules & regulations
- Brief Assessment Procedure
- Assessment Fee Paid

**Harness Preparation**

- Correct techniques in wearing harness  1st  2nd
- Fasten harness correctly (double-backed)

**Climbing Procedure**

- |   |                          |                          |                          |                          |   |                          |                          |                          |                          |
|---|--------------------------|--------------------------|--------------------------|--------------------------|---|--------------------------|--------------------------|--------------------------|--------------------------|
| Thread rope correctly through harness       | <input type="checkbox"/> | 1st                      | <input type="checkbox"/> | 2nd                      | Carabiner clipped correctly through harness | <input type="checkbox"/> | 1st                      | <input type="checkbox"/> | 2nd                      |
| Correct 'Figure 8' or 'Bowline' knot        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Attach belaying device with rope properly   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Correct 'Stopper' knot                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Ensure carabiner is locked                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Communicate with belayer                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Communicate with climber                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Climbing ability at elementary level        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | ➤ Spotting for a climber                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Perform proper fall technique of 2 meters   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Proper belaying techniques - 'lock-off'     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Proper lowering of climber                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Hold fall of 2 meters                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ Clipping quickdraws with rope properly    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Proper lowering technique                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ➤ Clear all quick draws after lead climbing | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | ➤ Dynamic belay position                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**(Remarks: ➤ for "Lead Climb" assessment only)**

Pass - w/o an 'x' on any one of the '☠' questions & three or less 'x' on the remaining questions.

Fail - an 'x' on any one of the '☠' questions or more than three 'x' on the remaining questions.

The assessor can stop the appraisal immediately if the candidate places himself/herself or belayer in any danger.

**First Assessment Result:**  Pass /  Fail (Date of Re-Assessment: \_\_\_\_\_)

**Assessor's Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Re-assessment Result:**  Pass /  Fail (Date of next Assessment: \_\_\_\_\_)

**Assessor's Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\* \* \* \* \*

**PAYMENT RECORD**

Date Applied (dd/mm/yy)	Type	Expiry Date (dd/mm/yy)	Payment	Receipt No.	Initial